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# CHIP Workgroup – Youth

February 18, 2021 12:15-1:15

@ the Zoom Link

The CHIP partnership is an innovative collaboration between Jefferson Healthcare (JCH), the City of Port Townsend, and Jefferson County Public Health (JCPH) , devoted to identifying the most pressing health priorities for Jefferson County and activate efforts that will lead to improvements



# Agenda

- Welcome and Introductions – 5 Minutes
- Data review 5 minutes – 5 Minutes
- Review of Draft Strategic Framework– 40 Minutes
- Next Steps / How We Will Proceed – 10 Minutes



# Recap of 01/28 Meeting #1

## Relevant Links

- [BehealthyJefferson website](#)
- [Youth Age Band Workgroup Webpage](#)
- Links to 01/28/21 [meeting video](#), [slides](#) and [summary notes](#)



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# Data Review

Any questions from last months data review?



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## Draft Strategic Framework Review



# Use of SMART goals and Strategic Results Framework

## SMART goal strategy:

- Specific
- Measurable
- Attainable
- Realistic
- Time oriented

This approach will be used after brainstorming and any necessary research has been completed.



# Workgroup's Next Steps

Goal	Agree on a broad description of the destination
Objective	Generate narrow, specific, tangible, solid, measurable objectives to ensure accountability (Accountability)
Outcome / Process Indicators	Build short, intermediate and long term measure indicators and outcomes to determine the rate of success (Proof)
Strategies	Create strategies as the engine that drives meeting the objectives that achieve the goal (Engine)
Activities	Specific steps or tactics to execute the strategy
Resources	Assign human, monetary, and other appropriate resources to execute projects
Timeline	Define short, intermediate and long term timeline with indicators and outcomes at each juncture



# Strategic Results Framework - Example

Workgroup Goal 1:	Objective 1a:	Strategy 1A.1	Activities for Strategy 1A.1	Inputs
Increase the percent of the population who get the appropriate activity levels throughout Jefferson County to >75% by 2020.	<p>Increase the % of adult population engaging in 150 minutes of moderately intense exercise or 75 minutes of vigorous activity per week by 5% a year for 5 years</p> <p>Metric: Self-reported activity levels</p> <p>Data Source: BRFSS 2012</p> <p>Current State: 84% (CI 75, 90)</p>	<p>Promote active transportation as a way of integrating physical activity into daily life.</p> <p>Lead:</p>	<p>Ia. Hold annual Open Street events in multiple communities in Jefferson County to raise awareness about active transportation and healthy living.</p> <p>Ib. Enforce speed limits to support active transportation</p> <p>Ic. Explore using social media to enable active transportation</p> <p>Id. Create and support a network of socially connected walking groups based on neighborhood, work, organizational, site specific, or other clustering opportunities</p> <p>Ie. Identify “early adopters” who can help test and refine the walking group strategy</p> <p>If. Use Local 20/20 emergency preparedness model to form neighborhood walking groups.</p> <p>Ig. Create and promote collections of existing walking/ trail maps &amp; information, including transit schedules.</p> <p>Ih. Explore regulations about, create, and install signage to mark walking routes</p> <p>Ii. Maintain trails and parks for accessible &amp; safe usage</p>	<p>A sponsor for the open street events</p> <p>Law enforcement support for speed limits</p> <p>Existing information:</p> <ul style="list-style-type: none"><li>walking trails/routes</li><li>physical exercise opportunities</li></ul> <p>Funding</p> <p>City/ County Parks &amp; Recreation resources for neighborhood walks and trail maintenance</p> <p>Staff time</p>





# Draft Strategic Results Framework

## Youth Age Band Group - Strategic Framework Development

Goals:	Objectives:	Strategy:	Activities	Inputs
<i>What are the objectives, if completed, going to lead to? What measurable goals has the workgroup decided on to make sure that it meets the purpose of the group? These should be SMART goals.</i>	<i>How are we going to implement our workgroup goals? How are the deliverables from the strategy going to be maintained?</i>	<i>What types of things do we need to develop to help met our objectives? What deliverables will we have after we perform the activities?</i>	<i>What steps need to happen to make sure that we can complete the strategy?</i>	<i>What do we need to make the activities happen?</i>
<b>Goal 1:</b>  <b>Improve resources for Adolescent Behavioral Health</b>          <b>(Before this goal is finalized, re-work using the SMART format)</b>   <b>Specific Measurable Attainable Realistic Time oriented</b>	<b>Objective 1:</b>  <b>Implement a plan to reduce teen suicide in Jefferson County</b>  <b>Develop the above using specific language. Also, include Metric; Metric Data Source: Current State:</b>	<b>Strategy 1A:</b>  <b>1A.</b> Integrate enrichment youth activities with the schools that are effective for working families.  <b>Who owns this strategy and provides leadership/accountability?</b>	<b>1.A Activities</b>  <b>1A.1</b> <b>Develop specific actions</b> <b>Develop timelines?</b> <b>Who owns this activity and provides leadership/accountability?</b>	<b>Inputs</b>       <b>Develop Inputs</b>
		<b>Strategy 1B:</b>  <b>1B.</b> Discern and activate approach to connect more youth to mental health services in the schools.  <b>Who owns this strategy and provides leadership/accountability?</b>	<b>1.B Activities</b>  <b>1B.1</b> Explore University of Maryland's "Quality Mental Health Care Teaming" program to: - develop a vehicle for relevant, impactful-yet-siloed activities to connect with regularity; - generate a wholistic understanding of the community's available resources.  <b>Develop specific actions; Develop timelines?</b> <b>Who owns this activity and provides leadership/accountability?</b>	<b>Inputs</b>       <b>Develop Inputs</b>

[Link to draft Strategic Results Framework: Reduce Teen Suicide](#)



# Draft Strategic Results Framework

## Youth Age Band Group - Strategic Framework Development

Goal 1 Cont'd:	Objective 1 Cont'd	Strategy 1B Cont'd:	1.B Activities Cont'd	Inputs
<b>Improve resources for Adolescent Behavioral Health</b>  (Before this goal is finalized, re-work using the SMART format)	<b>Implement a plan to reduce teen suicide in Jefferson County</b>  Metric: Metric Data Source: Current State:	<b>1B.</b> - Cont'd - Discern and activate approach to connect more youth to mental health services in the schools.	<b>1B.2</b> Create a robust intentional, educational opportunity for adolescent discussion around suicide prevention. Consider the Zero Suicide program (an off-the-shelf program).  Develop specific actions; Develop timelines?	Develop Inputs
		Strategy 1C:	1.C Activities	Inputs
		<b>1C.</b> Provide a Forum for better integration of youth Behavioral health services  Who owns this strategy and provides leadership/accountability?	<b>1C.1</b> Use this group or form a new group that meets regularly to ensure collaboration between providers of youth Behavioral Health Services  Who owns this activity and provides leadership/accountability?  <b>1C.2</b> Develop a method to communicate Youth-related community effort updates between providers  Who owns this activity and provides leadership/accountability?	Develop Inputs   Develop Inputs

[Link to draft Strategic Results Framework: Reduce Teen Suicide](#)



# Brainstorming for this Strategic Framework

- **Goal and Objectives**
  - SMART goal?
  - Objective measures?
- **Overall Review**
  - What is Good?
  - What is Missing?
- **Additional activities or strategies needed?**



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## Next Steps & Meeting





# Next Steps? Next Meeting?

- **Upcoming Meeting Date/Times?**
  - March 11, @12:15pm
  - April 1, @12:15pm
  - April 22, @12:15pm
  - May 13, @12:15pm



# Discussion