

## Attendees by ZOOM

Ford Kessler, James Kennedy, Jim Novelli, Troy Surber, Joe Nole, Gabbie Caudill, Matt Ready, Brian Richardson, Jim Walkowski, EJFR, Jenn Wharton, JHC Lisa Grundl, HFPD, John Nowak, and Lori Fleming

**Not in Attendance:** Annie Failoni, OPHS (apologies); Darcy Fogarty, Recovery Community; Dave Fortino, County Jail, (Note there was a special Board of Health meeting, so no Vicki Kirkpatrick, Apple Martine or Anna McEnergy); Jud Haynes, Navigator; Jolene Kron, BH-ASO, Ben Cassard, Recovery Community; Greg Brotherton, County Commissioner

**Access Meeting Documents:** [here](#)

## Introduction & Agenda

The meeting Agenda included a review of the RCORP-Implementation grant application, an update of deliverables in progress the Workforce Plan, a discussion of data we're requesting for the next meeting and deliverables the Grant Team is working on for the current RCORP-Planning grant.

### HRSA's RCORP-Implementation Grant Application

This application is nearing completion.

The HRSA/RCORP grant is for \$1 million over three years, beginning September 2020, and will be used to implement the Strategic Plan that's been

developed by the Consortium. Our last grant award was announced just two weeks before the grant term began. It follows we may well learn of the grant award

**RCORP-Implementation - Grant Application**

**Local Behavioral Health Consortium Awarded Federal Grant for Opioid Response**

August 23, 2020/Press Release

Jefferson County Public Health has been awarded a \$1,000,000 federal HRSA grant to address treatment, and recovery for Opioid Use Disorder and Substance Use Disorder.

The grant funds will go to support two inter-related tracks to improve behavioral health services for residents in Jefferson County. Track one focuses on services we can implement, enhance or improve coordination with, while continuing to determine the feasibility a local Crisis Stabilization Facility or equivalent option. Track 2 continues to determine the feasibility of, and options for, a Crisis Stabilization Facility, and to generate and execute the implementation plan for the resulting project.

The grant's work plan was developed by the Behavioral Health Consortium, which is led and facilitated by the Community Health Improvement Plan (CHIP) Team. The Consortium consists of representatives from 10 Jefferson County stakeholder sectors who came together to address OUD/SUD treatment, and recovery. This grant effort is one example of how the Consortium works to collaboratively address health issues in our community by breaking down silos and establishing better access to services.

CHIP, through Jefferson County Public Health applied for and received the Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) - Planning Grant on behalf of the Behavioral Health Consortium in 2019-2020. They have now been awarded the HRSA RCORP-Implementation Grant, which will allow them to implement

- \$1M over 3 years
- If awarded, begins 9/2020
- Application due 5/26/2020
- Will use to implement the Strategic Plan developed by BHC Consortium

**Proposed Funding Distribution**

The grant covers three areas:

Prevention, Treatment and Recovery.

We allocated \$35k/year of the potential grant’s budget toward sustaining the Recovery Café, as we recognize a Recovery Café Advocate position will serve the community in both the Prevention and Recovery areas, (and also that funding may

become difficult for the Recovery Café to obtain, and we didn’t want to cross over into the 1/10<sup>th</sup> of 1% funding focus areas). Lori noted the Recovery Café is a fertile ground for developing a Peer network which will address the grant’s focus on Prevention. Brian Richardson the Recovery Café will support the grant’s prevention arena (no matter what stage of opening the County is in) through their work to enhance public understanding of evidence-based treatment and recovery strategies which will help to reduce stigma. By this he refers to putting out stories of recovery, providing peer support within the cafe, connecting to other community services, whether that’s treatment, or 12 step support groups, or the other recovery support groups. Then to support the recovery side of the grant: Over this last year, Recovery Cafe had 99 different volunteers show up and 18 people were trained as recovery coaches in a peer support training model out of the Connecticut Community for Addiction Recovery.

John Nowak noted the RCORP-I grant calls specifically support for evidence-based programs, and hence the proposal to support the Recovery Café with these funds if they are awarded.

Under Treatment, \$16k was allocated for a syringe exchange program and wraparound services in South County. John Nowak outlined that Jefferson Healthcare already has a clinic in Quilcene with a MAT certified provider. Our thought is to provide needle exchange twice a month, one day every other week, and probably more importantly, wraparound services, ie. health screenings, Naloxone distribution, connecting South County clients with medical and social services, etc.). This is exactly what RCORP grant funds are meant to address: those who are underserved in our geographically isolated corners of the community.

**RCORP-I Grant Application - Proposed Funding**

Arena	Funding Focus	Benefit
PREVENTION	Support and enhance the prevention capacity of the newly established local Recovery Café through partial funding for this grant partner to assist BHC to meet grant targets in the prevention arena.	Responds to Needs Assessment data that identifies prevention challenges of social isolation, access to services, and low income. Support will ensure a foundation for relapse prevention through community and connections to social, medical, housing and behavioral health service to the most vulnerable members of our community and will seed Peer Network development.
RECOVERY	Support the local Recovery Café as a grant partner to assist the BHC to meet grant targets in the recovery arena.	Provides start-up sustainability for the Recovery Café that is opening in 2020. The facility will anchor a nexus point for recovery-community, and social, medical and behavioral health service connections for our recovery community members.

YEAR 1	YEAR 2	YEAR 3
\$35,000	\$35,000	\$35,000

**RCORP-I Grant Application - Proposed Funding**

TREATMENT	Bring Syringe Exchange Program and Wraparound Services to South Jefferson County.	Addresses data that identified lack of transportation from far reaches of county as a major barrier for some county residents to connect with SUD/ODU related services. Intend this SEP as a new intercept point to connect people to services.
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YEAR 1	YEAR 2	YEAR 3
\$16,066	\$16,066	\$16,066

### RCORP-I Grant Application - Proposed Funding

<p><b>COMMUNICATION, EDUCATION &amp; INTEGRATION</b></p>	<p>Engage topical expert(s) in the development of a master communications, education and integration plan that will address stigma associated with addiction and mental illness for Grant Team BHC Members to execute</p>	<p>Addresses the intersection of prevention, treatment and recovery, where palpable prejudice and discrimination at various community levels leads to</p>
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Funds have also been proposed to develop and execute a Communication/Education & Integration Plan at the

### RCORP-I Grant Application - Proposed Funding

<p><b>FACILITY FEASIBILITY &amp; POTENTIAL IMPLEMENTATION</b></p>	<p>Retain HFPD Consultants for services to determine feasibility, and if feasible, assist in the development, of a local Crisis Stabilization or Evaluation and Treatment Facility in the County.</p>	<p>Supports an ongoing effort to consistently provide enhanced, local services, rather than jail or ED, for those in crisis in our county by studying the feasibility of a "placed-based" inpatient resource for crisis stabilization, such as a Crisis Stabilization Center (or equivalent solution) in Jefferson County.</p>
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YEAR 1	YEAR 2	YEAR 3
\$20,000	\$15,000	\$10,000

intersection of Prevention, Treatment and Recovery. This effort will specifically collaborate with the

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Jamestown S’Klallam Tribe in Clallam to engage topical expert(s) to develop and assist in execution of a master communications, education and integration plan that will 1) raise profile of prevention, treatment and recovery efforts of the BHC, and, 2) address stigma associated with addiction and mental illness in both Jefferson and Clallam county. The work we do here will help deepen the rapport we have with the Jamestown S’Klallam tribe. This work will help our county’s regional connectedness, and through the collaboration, pave the way to efficiently integrate our county’s behavioral health services and needs with the Healing Campus the Tribe is building with the legislature’s 2019 award of \$7.2M.

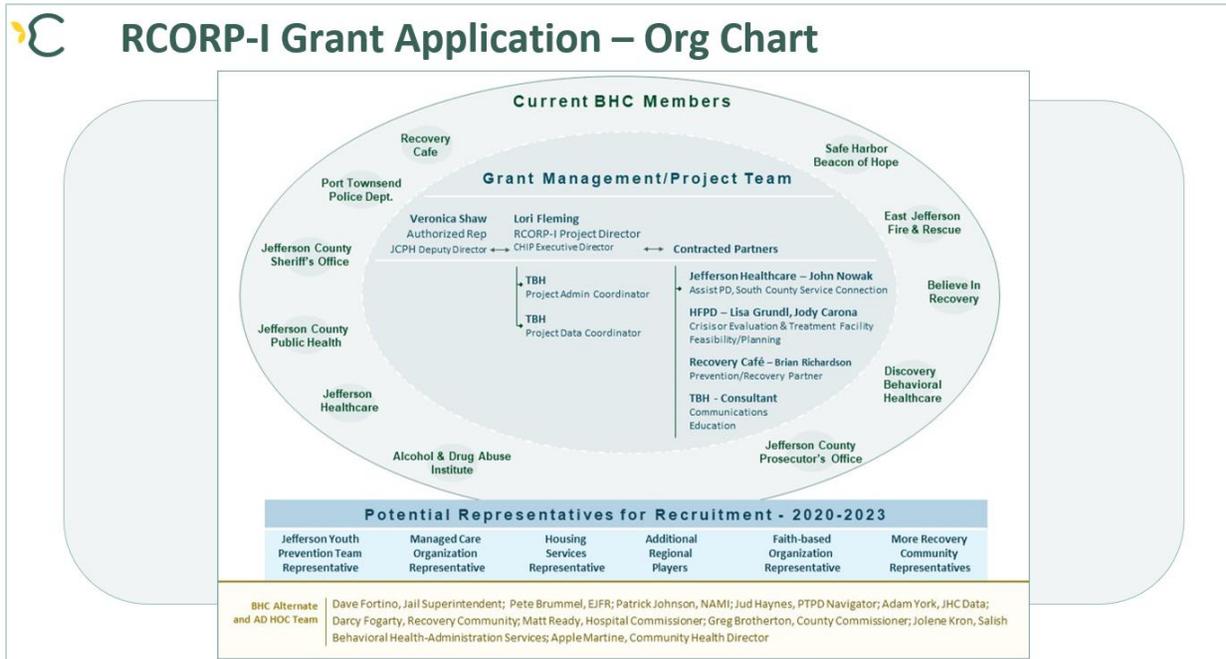
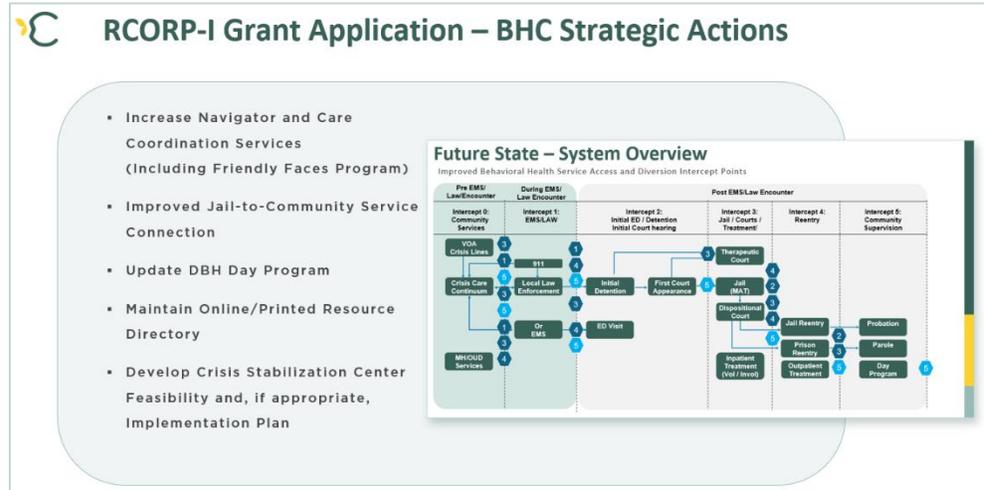
The final funding category is to continue with HFPD consultants to determine the feasibility of a crisis stabilization or evaluation and treatment facility in Jefferson County. HFPD is a seasoned player in this field and the Olympic region. They have been a good partner in this process to help the BHC to initiate our data gathering efforts, understand the funding regulations and staffing complement, etc. Continued work with HFPD will address census and clarity on regulations, sustainability etc. if we were to move forward with a Crisis Stabilization Center.

**RCORP-I Internal Funding**

- JCPH – Grant Administrator
- Grant Project Director
- Data/Admin Coordinator

Grant funds will also support the roles of Grant Administrator (Veronica Shaw at Jefferson County Public Health), Grant Project Director, (Lori Fleming) and a Data/Admin Coordinator (To be hired). Lori noted the HRSA federal grant cannot be used for bricks and mortar projects, or for advocating at the State level.

Also, the BHC’s Strategic Plan includes several elements developed by our BHC subgroups as actions to move active interception with the target populations to ever earlier intercept points.



The RCORP-Implementation grant’s proposed Org Chart also highlights a few potential representatives we’d like to recruit - people from different arenas that we don't have at the table currently that might be worth adding. Voting Consortium members are in the outer circle. The interior circle shows the project team. We know the next grant will have a sturdy data collection reporting component that we will need to hire a Coordinator to cover. You’ll also see our contracted partners are shown in that circle. Then the rows underneath identify potential representatives to be added to the Ad Hoc committee.

Patrick Johnson suggested we consider adding someone from the business community (Arlene Elliott from Chamber of Commerce?). Sheriff Nole suggested someone from the School District, but we're not sure who would have time.

**RCORP-I Grant – App Progress Status**

- **Abstract** -will get written last
- **Intro** - 97% Complete
- **Needs Assessment Narrative** - 97% Complete
- **Methodology** - 97% Complete
- **Work Plan (Excel Sheet)** - 97% Complete
- **Resolution of Challenges** - 97% Complete
- **Evaluation and Tech Support Capacity** - 97% complete
- **Organizational Information** - 97% Complete
- **Jamestown Letter of Support** - Complete
- **Consortium Commitment Letter** - Complete
- **Budget and Budget Narrative** - 97% Complete
- **Indirect Costs Justification** - Complete
- **Consortium Membership Chart** - Complete
- **Staffing Plan** - Complete
- **Table showing Other RCORP Awards** - Complete

May 2020– BHC Meeting

Update on the RCORP-Implementation grant application effort.

### HRSA's RCORP-Planning Grant - Data

Lisa Grundl discussed how we continue to work to get our arms around what volume of service is needed in the community and how it's divided between substance use and mental health, etc. We have gathered some great data to date, and are now asking for a data set from each agency (EJFR, JHC, PTPD, JCSO, Jail) that goes by month from May 31, 2019 to April 30<sup>th</sup>, 2020. Lisa/HFPD will take that data in any form you can deliver it and turn it into charts, etc. One focus will be to compare January – March 2019, to Jan-March 2020. We're asking you to hand in that data by June 1<sup>st</sup>. Then Lisa/HFPD will present the data at the June 11<sup>th</sup> BHC Meeting. This data will be used to populate the PIMS report due to HRSA in July and of course, to help with planning for the potential Crisis facility. If there are changes to your data gathering process, please let us know – we know some categories have been refined since the last time we got this data from each of you.

**Current RCORP-Planning Grant - Data**  
Work to complete current grant and prepare for RCORP-implementation Award

- **Raw Monthly Data for 5/31/2019 – 4/30/2020**  
Submitted in Excel by June 1st
- **Grant Team/HFPD will do the work of totaling, charts, drill down, etc.**
- **Review data with BHC at June 11 Meeting**

The screenshot displays several data visualization elements:
 

- JCSO STATS - 10/11/19 – 2/29/20**: A small table with columns for 'Type' and 'Response'.
- EJFR - BEHAVIORAL HEALTH RESPONSES**: A table with columns for 'Year' and 'Response'.
- JAIL - 2019 STATS**: A table with columns for 'Type' and 'Response'.
- DATA FROM 9/2019 – 2/29/2020**: A bar chart showing incident counts for 'Substance Use', 'Mental Health', and 'Drug' categories.
- DATA FROM 9/2019 – 2/29/2020**: A table showing incident counts for 'Substance Use', 'Mental Health', and 'Drug' categories.

**HRSA’s RCORP-Planning Grant – Final Report**

In preparation for a Final Report on the current grant, Lori will be reaching out to each of you over the next couple of weeks to connect and do a quick debrief. She’ll set up a Zoom call with each voting member and run through a standard set of questions that will be used to populate the final report. Whatever is written there could probably be used to go after additional funding from other funding sources because it will all be gathered into one deliverable.

**1-on-1 Interviews to Prep for Final Report**

Will be connecting with each Consortium Member over the next few weeks for quick debrief.

**Current RCORP-Planning Grant’s Deliverables**

- Will round out Workforce Plan with final content generated for RCORP-I application
- RCORP-Planning Grant’s Upcoming deliverables
  - Workforce Plan - Due May 2020
  - Sustainability Plan - Due May 2020
  - PIMS Report - Due July 2020
  - Final Report - Due August 2020

These are the current grant’s deliverables. We continue to work on the Workforce Plan, then the Sustainability Plan, then the Final Report, along with the PIMS report, which is due in July.

Going forward, Lori wanted to remind us what it was like when we all used to get together in a room. We've been meeting now consistently for a year and have figured out how to talk to and with each other. We have new ways of understanding each other as a result of the fact we've all been getting together for this year.

**We’ve Got History . . .**



Lori and John want all who attend this meeting to know how grateful they are that you have come, stayed, and contributed so much. A Consortium can't be effective unless everyone comes and says what you really think and then figure out how to blend all of that into a collective movement forward. The people on this call have really

done that. And you've done it in the small groups. You've done it in the larger group. Thank you for all the good work we've done together this year.

**Next Meeting, via ZOOM**  
**Thursday, June 11<sup>th</sup>, 2020. 3:00pm-4:00pm**

### Individual Introductions Notes

- Ford Kessler, Safe Harbor: First ZOOM drug court graduation. It was nice for what it was.
- Brian Richardson, Recovery Café/Dove House: Excited to be able to continue construction at the Recovery Café. Also NAMI is doing a training on Mental Health Basics.
- John Nowak
- James Kennedy, Prosecuting Attorney: Big thing on his plate is getting numerous updates on governor's proclamations and trying to figure out what they mean, who enforces, etc. Lots going on there.
- Jim Novelli, DBH: Article in the Leader, as was the advertisement CHIP/DBH went in on together to raise DBH's profile
- Troy Surber, Interim City Police Chief: Working on whatever the new new is everyday
- Lisa Grundl: Working with everyone on what the new changes are related to COVID
- Sheriff Nole: Same as everyone, dealing with the coronavirus, sticking to the course and following the Governor's plans, looking forward to when we can all be in a room together.
- Gabbie Caudill, Believe in Recovery: Running smaller groups, did double the amount of groups so there are smaller groups. Gateway to Freedom is doing fundraisers to get clothing for people going from jail to treatment or streets to treatment.
- Matt Ready: Hospital endorsing move to go forward to next Phase.
- Chief Walkowski: Here but unable to unmute himself.

- Lisa Rey Thomas: I'm a research scientist with U of W's Alcohol and Drug Abuse today and I work with the Jamestown tribe on their Opioid Treatment program. And most recently, I just sent out registration information for the Health Equity and Justice for people who use drugs on it. So you all should have received that. Thank you.
- Patrick Johnson, NAMI: Brian mentioned the NAMI Mental Health Basics course. They are also doing first and third Wednesday support groups. Concerned about the stress COVID is adding to people's life, and NAMI is working to address that.