

ATTENDEES

Ciela Meyer, Behavioral Health Coordinator, ESD 114; **Tanya Barnett**, Family Navigator; **Lexa Murphy**, SBHC Counselor; **Denise Banker**, Empowered Teen Coalition; **Jean Scarboro**, Jumping Mouse; **Kate Dean**, County Commissioner; **Jim Novelli**, DBH; **Dr. Molly Parker**, JHC; **Susan O'Brien**, SBHC – PT, Quilcene, & Chimacum; **Lori Fleming**, CHIP




Not Present: **Cynthia Osterman**, Benji Project; **Trish Beathard**, Brinnon School District Superintendent; **Kurt Munnich**, Juvenile Services/Truancy & BECCA Coordinator, **Anne Koomen**, JHC; **Julie Canterbury**, MCS Counseling; **Kees Kolff**, Jefferson Healthcare Hospital Commissioner;

Links: Meeting [Video](#), and the [YAB's Final Strategic Framework updated with notes from our 10/21/21 meeting](#). Please note meeting materials for all the 2021 CHIP age-band groups can be accessed from the [Behealthyjefferson.com](#) >> [CHIP 2021 Update page](#), and the Youth-related materials can be directly connected to at the [Youth Workgroup](#) page. Check there for updated document links if you encounter broken links in any of these meeting materials.

UPDATES, DISCUSSION HIGHLIGHTS, AND NEXT STEPS

Please note: Links are provided below to the point in the meeting video where the related discussions occur.

Overview: This meeting's focus is to develop a YAB meeting structure that will keep the group's momentum on the YAB's efforts while CHIP's next iteration is defined.


Agenda – 10/21 YAB Meeting 1A - Action

- Introductions and Updates since August, 2021
- Discuss: Structure of an Effective Workgroup Meeting?
 - How best to organize/advance the short/mid/long term projects outlined in the Frameworks we developed?
 - Keep each other informed of relevant efforts?
 - Approach to Assessment/Evolution of Strategy and Tactics as Landscape Changes?
 - How to dovetail, rather than duplicate ICG's relevant work?
 - Who else needs to be at this table?
 - Meeting Cadence?
 - Other?

Notes and video of meetings located here:
<https://www.behealthyjefferson.com/youthworkgroup>

Updates [Tanya Barnett noted](#) the Pool is now opened Monday through Friday, 7am-11am for self-guided activity.

[Susan O'Brien conveyed](#) that Chimacum is interested in doing the Universal Screening (YSBIRT) program [she outlined to the YAB group at the July 2021 Meeting](#).

The advancement of this effort is hampered until school's mental health counseling services gets sorted.

Updates – Cont'd

[Kate Dean noted](#) the County is supportive of CHIP and actively working to identify the best path forward.

[Lexa Murphy noted](#) currently her work with kids carries asense of “acute and high need”.

[Molly Parker noted](#) JHC is working internally to update screening protocols.

[Jim Novelli conveyed](#) he is speaking with Ciela Meyers on school counseling-related topics.

[Ciela Meyers gave](#) a status update on school counseling services. She is working to finalize having ESD 114 take on the 1/10th of 1% SBHC counseling contract and administer it with sub-recipients MCS Counseling and DBH. Goal is to keep original counselors in the school, add days and add individual licensed therapists as possible.

[Jean Scarborough overviewed](#) Jumping Mouse’s school engagement. Work with kids age 2-12 in Brinnon and Chimacum school district currently, and have plans to build out a therapy room next Fall for long-term therapy in Chimacum.

[Denise Banker updated](#) the group on status of ETC’s effort to offer a standard program of mental health promotion and suicide prevention training to all 4 school districts. MCS/DBH/ETC met with Ciela Meyer to review her list of possible evidence-based programs. From there Commissioner Brotherton and Denise went to Joint Superintendents meeting and secured their commitment to initiate choosing standard programming from that list for all four school districts at their next meeting. Once the programming is chosen, ETC will pursue funding for the effort. Denise also noted she is stepping into the role of JCPH Community Health Director, but will be presiding over a very warm hand-off of the ETC efforts underway and ensuring the effort with the Joint Board reaches successful completion.

[A summary of current and potential counseling services and adult/student suicide prevention-related training is outlined in the table on the next two pages.](#)

Behavioral Health and Suicide Prevention Related Services & Training – Listed by School District

Current and Planned
Funded by and Through

	Primary School BH Services	Elementary School BH Services	Middle/Jr School BH Services	High School BH Services	Adult/Professional Learning Suicide Prevention Skills	Student Learning Suicide Prevention Skills
Brinnon	Current Provider: Jumping Mouse Funder: 1/10 th of 1% Timing: Ends ?? Impact: Serves ??#kids (Social/Family Advocate role in Brinnon)		N/A	N/A	Current & Future? Provider & Topic: Jumping Mouse Serve 8-10 kids/ 1/wk – Mt w/ Caregiver 1 mnth Funded by: 1/10 th of 1% thru Sep 2023 Total \$\$ for 2 years: \$\$ Included in that funding: offering class to teachers – 12 60 min mtgs /year; and paraprofessionals – 12 60 min mtgs /year Funding supplemented w/ JM fundraising (\$10k/yr) Therapy room is built out, could have another therapist in Brinnon seeing another 8-10 kids if we had funding and therapist identified. Talking about offering Administrators from all school districts a class around Trauma- informed practices through the Administrator lens. Funding not yet sourced; JM has capacity to run the class.	?
Funding Needed per Year?						

Behavioral Health and Suicide Prevention Related Services & Training – Listed by School District – Cont'd

Current and Planned
Funded by and Through

	Primary School BH Services	Elementary School BH Services	Middle/Jr School BH Services	High School BH Services	Adult/Professional Learning Suicide Prevention Skills	Student Learning Suicide Prevention Skills
Chimacum	<p>Current Provider: Jumping Mouse Funder: Discuren Foundation 50k 07/2021 – 2022 (that \$50k covers JM's everything Timing: Ends ?? Impact: Serves ?? 8 kids</p> <p>JM – 1 grp @primary & 1@elementary for paraprofessionals Included in that funding: offering class to teachers and paraprofessionals – 24 60 min mtgs /year. Built out therapy room at the Primary school; have therapist there seeing 8 kids through summer.</p> <p>Future Provider: Jumping Mouse to build-out therapy space Funder: Discuren Foundation \$ 50k 07/2021 – 2022 Invited to request another \$50k, in 2022 summer for the following school year. Timing: Fall 2022 Ends ?? Impact: Serves ??#kids</p> <p>Plan to build out another therapy room ready for Fall of 2022; another therapist sourced – seeing 8 kids there 2022-23 Funding needed: ??</p>		<p>Current Provider: MCS – Rebecca Williams Funder: Empowered Teen Coalition Timing: Thru January 2022 Impact: Every Friday, avg 9/wk 44 students in Oct '21 for 30, 45 or 60 Minute sessions</p> <p>Future Provider: MCS Funder: ESD/ 1/10th of 1%? Timing: Thru June 2023? Impact: ?? day/wk? # kids?</p> <p>Provider: DBH Funder: ESD/ 1/10th of 1%? Timing: Thru June 2023? Impact: ?? day/wk? # kids?</p>		<p>Current & Future? Jumping Mouse offering class to Primary and Elementary paraprofessionals and Teachers “how to build relationships w/ kids who have experienced trauma”</p> <p>Funder: 1x Private Funder thru JCF-\$15K Timing: ?2021 Winter Break? Beyond? Impact: Serves # of paraprofessionals?</p> <p>Provider & Topic: Jumping Mouse potentially offering class to Administrators on “Using trauma-informed lens to look at school systems, if appropriate resources is identified. Funder: ?? Timing: ?? Impact: Serves # of Administrators?</p>	
Funding Needed per Year?						

Behavioral Health and Suicide Prevention Related Services - Listed by School District – Cont'd

Current and Planned
Funded by and Through

	Primary School BH Services	Elementary School BH Services	Middle/Jr School BH Services	High School BH Services	Adult/Professional Learning Suicide Prevention Skills	Student Learning Suicide Prevention Skills
Port Townsend	?Current Provider: ?MCS Funder: ESSER (COVID) \$\$ Timing: Funded Thru ?? Impact: ?Days/wk, # kids?		Current Provider: MCS - Megan Smith Funder: ESSER (COVID) \$\$ Timing: Funded Thru ?? Impact: Tuesdays, Avg 8/wk Have 12 currently, 5 pending paperwork, a few more referrals 18-20 kids by year end	Current Provider: MCS - Megan Smith Funder: ESSER (COVID) \$\$ Timing: Funded thru ?? Impact: Th/Fri, Avg 8/wk Have 16 currently, ~20 kids by year end		
Funding Needed per Year?						

Behavioral Health and Suicide Prevention Related Services - Listed by School District – Cont'd

Current and Planned
Funded by and Through

	Primary School BH Services	Elementary School BH Services	Middle/Jr School BH Services	High School BH Services	Adult/Professional Learning Suicide Prevention Skills	Student Learning Suicide Prevention Skills
Quilcene	Current – Across K-12 Provider: MCS – Ann H. Murray Funder: ?Empowered Teen Coalition or is it School District ?? Timing: ?Thru January 2022? Impact: Every Tuesday, avg 7/wk 7 regulars, 12 total who need to be seen, and are fit in any spare timeslots Fairly even distribution across grades with a few more in early elementary and late HS					
Funding Needed per Year?						

Discussion on Structure for interim YAB Action Meetings

Meeting Cadence: Group decided to meet the 3rd Thursday of every other month from 12:15 – 1pm. (December, February, April, May - until the next iteration of CHIP has been finalized.)

Meeting Agenda: Update each other, Review Strategic Framework and note advancement of the priorities and action items listed, and brainstorm resources and next steps to advance the work outlined.

Strategic Framework Review

Group went through each strategy/activity listed in the Framework. See the Strategic Framework updates (as of 10/21/2021) highlighted in red, that came out of our 10/21 YAB meeting.

FYI, here is the link to the current [YAB Resource Map/List document](#).