



CHIP Workgroup – Youth

June 24, 2021 - 12:15-1:15 (Meeting #6)

Zoom Meeting

The CHIP partnership is an innovative collaboration between Jefferson Healthcare (JCH), the City of Port Townsend, and Jefferson County Public Health (JCPH) , devoted to identifying the most pressing health priorities for Jefferson County and activate efforts that will lead to improvements



Agenda – 6/24 Youth Age Band Meeting #6

- Welcome and Introductions – 5 Minutes
- Mid- / Long-term Action: Strategic Framework Generation – 40 minutes
 - Finalize Goals, Objectives, Metrics, Strategies (and ownership of each strategy)
 - Continue nailing down proposed activities
- Immediate Actions: Updates – 10 minutes
 - Training for Suicide prevention – Next steps – MCS and Team
 - Other?
- Action Item – Tracking – Group – 5 minutes
- Next meeting – July 15, 2021 @ 12:15pm



Mid- / Long-term Action

BUILDING the bicycle while we ride it



Strategic Framework

Review of Updated Draft



Youth Age-Band Reviewer Feedback

- John and Lori have edited framework based on feedback to get it to as close to final form as possible
- Whittle our Framework so noted actions toward established priorities are paired with realistic bandwidth expectations and spread between immediate-, mid-, and long-term timeframes.
- Get to 95% on the proper wording for the goal and objective; establish metric source/metrics; Assign ownership/leadership/accountability.

*It is all worthy
of time and resources.*

*Who or what
organization has the
bandwidth to move it
all forward?*



Draft Strategic Results Framework

Youth Age Band Group - Strategic Framework Development - As of 06/17/2021

Goals:	Objectives:	Strategy:	Activities	Inputs
<i>What are the objectives, if completed, going to lead to? What measurable goals has the workgroup decided on to make sure that it meets the purpose of the group? These should be SMART goals.</i>	<i>How are we going to implement our workgroup goals? How are the deliverables from the strategy going to be maintained?</i>	<i>What types of things do we need to develop to help met our objectives? What deliverables will we have after we perform the activities?</i>	<i>What steps need to happen to make sure that we can complete the strategy?</i>	<i>What do we need to make the activities happen?</i>
Goal 1:	Objective 1:	Strategy 1A:	1.A Activities	Inputs
Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County by 2023.	Improve resources for Adolescent Behavioral Health	1A. Identify and execute a plan to improve the success of youth connecting and availing themselves of community, family and school services that support their improved mental health. Metric: 15 additional teens per year connect with services that improve Mental Health Data Source: Referral services	1A.1 Resource Map all agencies/organizations for relevant services. Perform gap analysis, determine actions to address shallow spots.	Develop Inputs
			1A.2 Develop a method to communicate Youth-related community effort updates between providers <i>Develop Timeline and Who owns this activity and provides leadership/accountability?</i>	Develop Inputs
			1A.3 Support the design a process for better integration of services across community, family and school and improve how our kids are served by all. (CARES Funding for Tanya jumpstarted this...) <i>Develop Timeline and Who owns this activity and provides leadership/accountability?</i>	Develop Inputs

20210617_YABFramework_JN Changes.xlsx

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Also – linked on [CHIP Youth Age Band webpage](#) [Link to the 6/17/21 Strategic Framework draft](#)



Draft Strategic Results Framework

Youth Age Band Group - Strategic Framework Development - As of 06/17/2021

Goals:	Objectives:	Strategy:	Activities	Inputs
<i>What are the objectives, if completed, going to lead to? What measurable goals has the workgroup decided on to make sure that it meets the purpose of the group? These should be SMART goals.</i>	<i>How are we going to implement our workgroup goals? How are the deliverables from the strategy going to be maintained?</i>	<i>What types of things do we need to develop to help met our objectives? What deliverables will we have after we perform the activities?</i>	<i>What steps need to happen to make sure that we can complete the strategy?</i>	<i>What do we need to make the activities happen?</i>
Goal 1 - Cont'd:	Objective 1 - Cont'd:	Strategy 1A - Cont'd:	1.A Activities - Cont'd	Inputs
Implement a plan to reduce Jefferson County's adolescent suicide to 0% by...(yeardate?) Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County by 2023.	Improve resources for Adolescent Behavioral Health	1A. Identify and execute a plan to improve the success of youth connecting and availing themselves of community, family and school services that support their improved mental health. Metric: 15 additional teens per year connect with services that improve Mental Health Data Source: Referral services	1A.4 Bring In ESD for help assessing Jefferson-specific action plan to reduce youth suicide to zero %. <i>Develop Timeline and Who owns this activity and provides leadership/accountability?</i>	Develop Inputs
			1A.5 Develop an approach to gather insight from Youth on how best to reach them. Execute. <i>Develop Timeline and Who owns this activity and provides leadership/accountability?</i>	Develop Inputs
			1A.6 Develop approach to create safe spaces for kids to gather in Quilcene, PT and Chimacum. Execute. (Bowling Alley? More movies that appeal to kids?) (OlyCAP got CARES funding to do PT Conf Rm? Do we "support" rather than develop separately?) <i>Develop Timeline and Who owns this activity and provides leadership/accountability?</i>	Develop Inputs

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Draft Strategic Results Framework

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<i>What are the objectives, if completed, going to lead to? What measurable goals has the workgroup decided on to make sure that it meets the purpose of the group? These should be SMART goals.</i>	<i>How are we going to implement our workgroup goals? How are the deliverables from the strategy going to be maintained?</i>	<i>What types of things do we need to develop to help met our objectives? What deliverables will we have after we perform the activities?</i>	<i>What steps need to happen to make sure that we can complete the strategy?</i>	<i>What do we need to make the activities happen?</i>
Goal 1: Cont'd	Objective 1: Cont'd	Strategy 1B:	1.B Activities	Inputs
Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County by 2023.	Improve resources for Adolescent Behavioral Health	1B. Identify adults who interact with teens frequently in the community and train them in suicide risk, identification, and prevention Metric: 20 adults are trained in suicide prevention	1B.1 Develop a list of Adults who frequently interact with teens and are in roles that would pre-dispose teens to be comfortable talking with them	Develop Inputs
			1B.2 Offer Adult-focused suicide prevention training (ie. MCS's Mental Health First Aid classes) and continue suicide prevention trainings currently conducted with Olympic Angels volunteers, Chimacum Teen Center, Faith-based partners, Skillmation, and The Benji Project teachers, etc.) Activity Lead/Accountability: Lexa Murphy	Develop Inputs
			1B.3 Additional Activities to support this strategy? Activity Lead/Accountability: ??	
			1B.4 Additional activities to support this strategy? Who owns this strategy and provides leadership/accountability?	Develop Inputs

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Draft Strategic Results Framework

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<i>What are the objectives, if completed, going to lead to? What measurable goals has the workgroup decided on to make sure that it meets the purpose of the group? These should be SMART goals.</i>	<i>How are we going to implement our workgroup goals? How are the deliverables from the strategy going to be maintained?</i>	<i>What types of things do we need to develop to help met our objectives? What deliverables will we have after we perform the activities?</i>	<i>What steps need to happen to make sure that we can complete the strategy?</i>	<i>What do we need to make the activities happen?</i>
Goal 1 - Cont'd	Objective 1: Cont'd	Strategy 1C:	1.C Activities	Inputs
Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County by 2023.	Improve resources for Adolescent Behavioral Health	1C: Research and implement a plan to teach teens peer counseling and how to refer to appropriate adults/resources Metric: At least 5 teens from each district are trained.	1C.1 Research tools for teens to use to provide them guidance on how to interact with peers verbalizing plans or desire to commit suicide. Select tool.	
			1C.2 Create training plan, implement a training in at least three County school districts.	

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[Link to the 6/17/21 Strategic Framework draft](#)

Also – linked on [CHIP Youth Age Band webpage](#)



CHIP Update: Completion Timeline

- Assure development/documentation of Youth Age-Band Strategic Framework is completed **by August** for inclusion in the 2021 CHIP Update.
- Present 2021 CHIP Update to Joint Board for Approval
- Address Joint Board Feedback and Seek Final Approval
- Upon approval, CHIP to facilitate Age-Band Workgroups to execute the CHIP's Updated Strategic Plan



Immediate Action

RIDING the Bicycle while we build it



Immediate Action Update

Training for Youth and Adults to Better Respond/Refer to Youth

Action: Clarify who is prepared to give what training to who? Lexa has indicated an active interest in continuing the adult/staff training she's been doing with groups like the Olympic Angels. Jenny Vervynck has emailed the group about a possibility of Crisis Connections training but that hasn't been discussed in this group. This needs to be clarified to ensure we don't trip over each other and confuse our intended audience with too many trainings.

From: Denise Banker <dbanker@co.jefferson.wa.us>
Sent: Tuesday, June 15, 2021 10:44 AM
To: Jolene Kron <jkron@co.kitsap.wa.us>
Cc: Lori Fleming <LFleming@co.jefferson.wa.us>
Subject: looking for funding for tMHFA

Hi, Joleen:

I won't be able to attend your important office hour the BHC is hosting, and I'm not sure you'll be able to address such specific needs; but want to put this out there: I'm looking for funding to support Teen Mental Health First Aid (tMHFA) in the Jefferson County School Districts with high schools and am wondering if you know of, or foresee of, any funding to support this. It's quite expensive. I figure we'll need about \$50K

\$2,200.00 per facilitator/instructor training (\$6,600.00 for three facilitators/instructors)

\$1,700.00 per training (3 90-minute sessions) (9 groups of 3 sessions each)

\$8.95 for each student handbook

For every 10, 11, 12th grader in the county (140 in Chimacum, 287 in Port Townsend, and 76 in Quilcene)

10% of adults in each building must take the training as well

I've copied Lori to keep her in the loop.



Training provided by:

- MCS

Benji Project

- Mental Health First Aid for Teens included in ETC Action Plan for school-year beginning September, 2021

24-Hr Crisis Line: 866-427-4747



We are proud to offer a series of community health and social service providers working with a caring, skilled professional with years of experience.

Crisis Connections' trainings have been approved by the Washington State Department of Social & Health Services and are the Model List for Suicide Prevention Training for Health Professionals.

<https://www.crisisconnections.org>

Alexandra Murphy

I wanted to add that I was thinking more about our overarching goals after our meeting last week. If we have one set of goals around *increasing access to psychological services for teens*, and another new emerging goal related to *creating more spaces for teens to connect with each other*, I also want to advocate for an additional goal that includes *training up community members in suicide prevention*. Evidence-based, public health approaches to teen suicide prevention acknowledge that in most communities there are not enough mental health providers for teens, and that most teens who die by suicide are not engaged in specialty mental health care. Because of this, efforts have pivoted to identifying adults who already have existing points of contact with youth and training them in suicide prevention. (This is akin to Julie Canterbury's group's mental health first aid trainings -- which is already a tangible way of meeting that goal.)

I recently did a training in suicide prevention for volunteers at Olympic Angels for this reason -- these are adults in our community who are not mental health professionals but who have relationships with teens in foster care. I explain the

Hi Jenny,

Yes, I am familiar with Crisis Connections. Our team, including myself, are certified trainers for the Networks For Life Suicide Prevention Program. The NFL curriculum was subsequently purchased by Crisis Connections. This is the 3 hr training we offer to ESAs and the model we tailor for condensed school trainings. We are looking at a training for the PTSD faculty and staff prior to the start of next school year.

Crisis Connections offers several excellent options, and it would be wonderful if CHIP wanted to bring one or more additional training to our school and greater community! I'd love to speak with you more about this!

I have some time tomorrow afternoon or Monday in the morning.

Thank you so much,
Ciela

[CHIP's Youth Age Band webpage](#)



Action Items

Tracking



Action Items

Update/Priority?

- [Youth Resource List as of 4/20/21](#) - (This is the list Dr. Molly Parker suggested we create a resource map, then perform a gap analysis as one baseline for our discussions. Any more updates?)
- Sam Troxler's list of ongoing Youth-related meetings/goals - Update?
- Link to MCS's First Aid Training Information? (talk to Julie Canterbury)
- Jenny V to give us insight around PT Suicide Prevention Group at Blue Heron and the Network for Light work ESD/Ciela is doing around suicide prevention.
- Jenny V contacting ESD for someone to help guide JeffCO specific action to address youth suicide in our community
- Lori reached out (again) to Stacie Bell @ Peninsula College to see if we can get a representative from the Youth SUD certificate program to be on the YAB. (program coordinator, 360.417.6377. sbell@pencol.edu, <https://pencol.edu/proftech/addiction-studies>)
- Finn O'Donnell networking in additional Youth Representatives for this group. Who has he identified?
- Get a report out on the gaps and consistencies between Adult and Youth Surveys, when available
- JHC consider reviewing policies to ensure their relevant work with child/parents is communicated (with proper permissions) with everyone who needs to be involved. - Molly Parker
- Determine how what form/formula addresses what every agency needs for release to share information that will ensure an informed safety net around vulnerable situations. - JN/LF/Jean Scarborough/existing School Form(s)
- Incorporate Resilience program throughout community to establish a common language and address stigma as it relates to suicide/mental health challenges.
- Add Olympic Angels to YAB?
- Clarify our ask; identify who can support Kate or Kees from an engaged player perspective; check JCEP Agenda-time possibilities.



Next Steps & Meeting



Youth Age-Band Reviewer Feedback

- Assure development/documentation of Youth Age-Band Strategic Framework is completed **by August** for inclusion in the 2021 CHIP Update.
- Present 2021 CHIP Update to Joint Board for Approval
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Next Meeting

- Agenda Items for next meeting?

Next Meeting: July 15, 2021 @12:15pm



Thank You