

ATTENDEES

Fire Chief Tim McKern, Quilcene Fire Department; Greg Brotherton, Commissioner; Laurie Tinker, Director of Nursing Support & Liaison for EMS, JHC; David Carlbom, M.D., Medical Program Director, Jefferson County EMS; Apple Martine, Jefferson County Public Health – Community Health Director; John Nowak/Lori Fleming – Jefferson County CHIP/BHC.



Not Present: Patricia Beathard, Brinnon School District Superintendent; Frank Redmon, Quilcene School District Superintendent; ; Sheriff Nole, Jefferson County Sheriff's Office; Fire Chief Tim Manly, Brinnon Fire Department; Heidi Mathews, Practice Manager, JHC's South County Clinic; Margie Boyd, JCPH, Public Health Nurse, SEP Program; Dunia Faulx, JHC, Population Health; Ford Kessler, Recovery Community Member, Fire Commissioner & Volunteer, District 5, Therapeutic Drug Court Administrator; Christina Muller-Shinn, Opioid/Substance Use Response, Mason County Community Services-Public Health (a HRSA-recommended resource).

Links: Meeting [Slides](#) and [Video](#). Check at the [BHC's Harm Reduction South County](#) page if you encounter a broken link in any of the direct links provided. Our Meeting occurs on the 3rd Tuesday of each month from 1-2pm. (Zoom link is [here](#).)

MEETING HIGHLIGHTS

(Links have been embedded to the specific video/audio discussion timepoint.)

 **Agenda – 6/15/21 - South County Harm Reduction**

- Introductions
- Updates
 - Jefferson Transit – Commissioner Greg Brotherton
 - JCEP Meeting/What are the next steps? – Dr. David Carlbom/group
 - South County Wound Care data?
 - Using Home Health to better track South County Wound Care cases?
 - Update on convo w/ State DOH re: EMS giving replacement or initial Naloxone kits – Dr. Carlbom
 - JHC's role with hosting/distributing Naloxone update
 - Resource List Maintenance is underway
 - Report out on data for South County area navigator calls – Sheriff Nole
- Next Steps?
- Next Meeting: July 20th, 1pm

South Jefferson County Harm Reduction Program June 15, 2021 @ 1pm
www.southcountychip.org

Updates

[Commissioner Brotherton shared](#) the Jefferson Transit Strategic Plan is still being developed. Expanding service is complicated by the challenge of hiring new team members as current team members take early retirement.

In response to [Chief McKern's query](#) re: the conversion of

some property at the end of [Washington Street in Quilcene](#), Greg noted the property is going to be sold. It is zoned village/commercial. Habitat for Humanity is looking at that property and another for affordable (?workforce or senior?) housing. Septic capacity is a challenge at that property. No plans have been finalized as yet.

Dr. David Carlbom updated the group on the presentation he made to the Jefferson County Education Board (JCEP) on 6/7/2021. Meeting went well. The message of our desire to have Naloxone in schools for nurse/SBHCenter/Staff was given and seemed to be well-received.

Action: The discussion yielded some next steps.

- Circle back with Frank Redmon for feedback from the Quilcene school board member(s) in attendance at the JCEP meeting. How we can support him to implement a Naloxone Policy in Quilcene (facilitate/liaison with other districts to get their policies, etc).
- Inquire of Frank Redmon/Sean Moss if/how/what/and on what timeline we might deploy a team of Dr. Melinda Bower and Susan O'Brien (who has relationship/credibility in that school district) to do Naloxone education and explore doing a further roll- out of Naloxone in the schools. Let Frank/Sean know Susan O'Brien/Melinda Bower could be available for teacher training that is set for over the summer or early in the school year, if they are interested in that resource. Lori will follow up with Apple/Susan et al to brainstorm details.
- **Action:** Nurture specific resource(s) who advocate for and engage the school district students and stakeholders in the broader conversation and education around substance use disorder. (Naloxone is a patch, we want to get at the root and practice prevention!)
- **Action:** Chief McKern will check in with Trish Beathard for feedback on the JCEP presentation.

Lori Fleming noted Denise Bunker has secured \$740k funding for a CPWI/Empowered Teen Coalition in the Quilcene School District. Some of this funding will pay 80% salary for a Student Assistance Professional in the District. Discussion revealed two follow up items:

- **Action:** Address the tactical challenge of having funding, programs, etc – but lacking internal School District system person who raises awareness with school district players who could anchor and benefit from the CPWI funding/programs, etc. Lori will set up meeting between Apple Martine, Denise Bunker, and Susan O'Brien to brainstorm. Take insight developed at that meeting and present at the SBHCenter Advisory Meeting to educate/nurture advocacy.

Chief McKern inquired about some news he'd heard of a Mental Health staff person in Quilcene School District campus in 2021-22 school year. Apple Martine noted MCS Counseling has their counselor (Anne) there for the past 6 months. Anne is part of the SBHCenter services, and we believe she is there for the long haul. There is also a new mental health counselor in Brinnon – who seems very proactive and engaged already. Chief McKern has been in contact with the Quilcene School Nurse who is there 2 hours a week. Apple noted that Dr. Melinda Bower (from JCPH) is staffing the Quilcene SBHCenter on Wednesday/Thursday.

Chief McKern noted we are seeing an uptick in Naloxone usage, yet we need to address the lack of resources in South County area for recovery (AA, Mental Health Services, etc.). The group agreed there needs to be intentional focus on AA and other recovery programs.

Action: Lori invited Chief McKern and others to help engage faith-based leaders to participate at whatever level they are willing to engage (one-on-one or at this SCHR table). Lori will also continue connecting with Dana Ward for insight on what this group can do to support the needs identified by faith-based community members.

Wound Care Data Report

John Nowak reported out on the Quilcene/Brinnon Home Health and Hospice Wound Patient data for the past year. He outlined the group wanted to understand the South County community's incidence of wound care related to Substance Use Disorder (SUD) and the rate of Home Health follow-up care. The type of wounds we would be looking at are related to the surgical wound data, though not all surgical wounds are SUD-related. (17 total surgical wounds in the past year, shown on line 37 of the data spread sheet, of which maybe 6 are SUD-related). The group agreed this data doesn't support expanding wound care capacity in South County, and that with Home Health we have capacity to address wound care in the area. Dr. Carlbom noted he and Laurie Tinker brought this topic up in a monthly ED meeting and that physicians are directed to check the home health box on SUD-related wound care patients to ensure we're capturing the number being served.

Action: Query the Home Health Data in Dec/Jan to see how those numbers look. (JN will be gone there – who can take this task on?).

Apple Martine brought up a course offered at U of W – "Wound Care Fundamentals" as a potential course for Nurse/SPP agents as a source of wound care service. John noted as we get to that future state, using the JHC Quilcene Clinic for wound care services would be ideal.

Naloxone Distribution

John Nowak noted Heidi Mathews, Practice Manager from JHC's Quilcene Clinic advised she should be able to give an answer on the Clinic's capacity for receipt and distribution of Naloxone once the Clinic Manager's situation has been stabilized.

EMS and Leave-behind Naloxone

Dr. Carlbom updated the group on the meeting he had with State of WA, City of Tacoma and Sean Hemmerle from ADAI (who is in charge of naloxone distribution through the state). Tacoma has two nurses caring for and doing micro-induction at the scene of resuscitation and staying with the patient a few hours to ensure their openness to treatment is acted upon. He sees value in EMS providing Naloxone to those resuscitated or who need resupply. He will be meeting with Fire Chiefs, Public Health Team, and Navigators through the summer, with an eye toward an October "go live" date, and training in September (especially on how to talk genuinely from a harm reduction point of view with someone who has OD'd). The plan is to

have the Naloxone cache held at EJFR, and received/distributed to other Fire Departments as needed by Tammy Ridgeway, Medical Services Officer for EMS. Training materials from the State, ADAI, in multiple languages, via hard copy/web, etc. will be used. We can also include yellow resource card this group has handed out in their area.

Action: Ensure yellow card is up to date and print another run to supply this effort.

The Naloxone supply will be provided by the State at no cost through a grant cycle that begins in October. The supplied naloxone would be used to put a few kits on the rigs, at individual stations, etc. – that way when EMS is on a run, they have supply available to for those who need it. A log will be kept of how many Naloxone kits are handed out and whether it is a first supply/re-supply.

Dr. Carlbom would like to partner with JHC ED to have a program there at the same time (and could provide supply). Laurie Tinker noted the topic of handing out Naloxone at the ED is in discussion at JHC ED meetings.

Dr. Carlbom/Laurie Tinker noted a new 8mg naloxone dose will be available in the future.

Meeting Agenda Items for 7/20/21

Navigator Call Distribution

- Action:** Sheriff Nole committed to giving the group an update on call locations (such as South vs Center County) the Sheriff's Navigator is responding to for our next meeting on June 22, 1pm.